

## We Work With You

Every workplace is different—and so is every injury. That's why we take a personalized approach. Our team will meet with you to learn about your business, understand your challenges, and help create or improve your return-to-work plan. Whether you're just getting started or refining what's already in place, we'll offer practical support that works for your team.



State of New Mexico  
**Workers'  
Compensation  
Administration**

Visit our website or contact us to learn more about workers' compensation services, programs, and to find the WCA field office nearest you.



✉ [ReturnToWork.Outreach@wca.nm.gov](mailto:ReturnToWork.Outreach@wca.nm.gov)

☎ 505-841-6000

🌐 [www.workerscomp.nm.gov](http://www.workerscomp.nm.gov)



follow us @nmwca



## Getting Back to Work—Together

Resources and guidance for workers and employers navigating return-to-work after an injury.

# Why Return-to-Work Matters

When someone is injured on the job, the effects ripple through the whole team. A thoughtful return-to-work plan shows employees they're valued and supported—while helping employers maintain productivity and morale. It creates a safer, stronger workplace for everyone.

## Win-Win: Return-to-Work Advantages

### Benefits for Employers

Employers who support return-to-work programs often see lower insurance and wage replacement costs. It also helps with employee retention, keeps operations running smoothly, and reduces the chances of long-term disability claims. Creating a supportive path back to work is a smart investment in your team.

### Benefits for Injured Workers

For injured workers, returning to work—when it's safe to do so—can bring a sense of normalcy and purpose. It allows them to stay connected with their workplace, maintain income, and feel supported during recovery, which can ease stress and reduce feelings of isolation.



## What the Program Does

The WCA Return-to-Work (RTW) Program can help you:

**Review and improve your RTW plans.**

**Write job descriptions for light duty.**

**Solve challenges with modified tasks.**

**Improve communication.**

**Connect with rehab services.**

All at no cost to you!